

HOW TO GET RID OF RHEUMATISM

"Fruit-a-lives" Point the Way to Quick Relief

VERONA.
"I suffered for a number of years with rheumatism and severe pains in my side and back, caused by strains and heavy lifting."

When I had given up hope of ever being well again, a friend recommended "Fruit-a-lives" (or Fruit Liver Tablets) to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health.

W. M. LAMPSON.
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price, by FRUIT-A-LIVES LIMITED, OGDENSBURG, N. Y.

Go Right at It

Friends and Neighbors in Barton Will Show You a Way.

Get at the root of the trouble.

Rubbing an aching back may relieve it. But won't cure it if the kidneys are weak.

You must reach the root of it—the kidneys.

Doan's Kidney Pills go right at it; Reach the cause; attack the pain.

Are recommended by many Barton people.

O. G. McEwen, Sheffield road, Barton, says: About a year ago my back ached and annoyed me. After using liniments and other kidney medicines I tried Doan's Kidney Pills and they gave me great relief. I can say from what I know of this medicine, it is dependable and deserving of praise."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. McEwen had. Foster-Milburn Co., Props., Buffalo, N. Y.

WOMAN WORKS 15 HOURS A DAY

Marvelous Story of Woman's Change from Weakness to Strength by Taking Druggist's Advice.

Peru, Ind.—"I suffered from a displacement with backache and dragging down pains in my back so badly that at times I could not be on my feet and it did not seem as though I could stand it. I tried different medicines without any benefit, and several doctors told me nothing but an operation would do me any good. My druggist told me of Lydia E. Pinkham's Vegetable Compound. I took it with the result that I am now well and strong. I get up in the morning at four o'clock, do my housework, then go to factory and work all day, come home and get supper and feel good. I don't know how many of my friends I have told what Lydia E. Pinkham's Vegetable Compound has done for me."

—Mrs. ANNA METTERIANO, 36 West 10th St., Peru, Ind.

Women who suffer from any such ailments should not fail to try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

Estate of William G. Dutton
STATE OF VERMONT
District of Orleans, ss.
The Honorable Probate Court for the district of Orleans:

To all persons interested in the estate of Wm. G. Dutton late of Brownington in said district deceased.

GREETING:
At a Probate Court, holden at Newport, Vermont, on the 19th day of September, 1918, an instrument purporting to be the last will and testament of Wm. G. Dutton late of Brownington in said district deceased, was presented to the Court for probate.

And it is ordered by said court that the 15th day of October, 1918, at Colby Stoddard's office in Orleans in said district at 2 o'clock p. m. be assigned for proving said instrument and that notice thereof be given to all persons concerned by publishing this order three weeks successively in the Orleans County Monitor, a newspaper circulating in that vicinity, in said district previous to the time appointed.

Therefore, you are hereby notified to appear before said court, at the time and place aforesaid, and contest the probate of said will if you have cause.

Given under my hand at Newport in said district this 19th day of September, 1918.
B. M. SPOONER, Register.

FERTILIZING SALT

PLACE ORDERS NOW.

As a special inducement to place orders early we offer fertilizing salt at \$6.00 per ton, F. O. B. Hyde Park. This salt is put up in second hand bags. The bags alone are worth fully one-fourth the price asked for the salt.

Salt like everything else is advancing. Send check with order as at \$6.00 per ton we cannot afford to open accounts for salt.

Carroll S. Page, Hyde Park, Vt.

"Vermont-Grown-Wheat."

Frank H. Brooks, Federal Food Administrator for Vermont, announces a plan by which he vigorously appeals to the physical and patriotic conscience of Vermonters to get the full benefits from the splendid crop of wheat which has been raised in Vermont this summer by farmers. Vermont needs the flour Vermont needs the middlings and bran for cattle more than ever. Vermont cannot get these from this product only as wheat is ground into flour here in Vermont. Vermont needs to help not only the railroad transportation problem, but needs to save transportation charges as well.

Vermonters must, therefore, as a patriotic and economic and agricultural necessity, gladly purchase the flour that will come from this product of Vermont.

The plan releases in some important respects the restrictions heretofore in effect, but the main object is to increase the acreage of wheat another year. If the plan will accomplish this it will be a truly economic and conservation measure of prime importance.

The plan is as follows:—

The farmer who has grown wheat in 1918 can take back from the mill a year's supply of flour without substitutes, not exceeding one barrel per person for himself, family and help, and retain seed for next season's crop. The farmer, however, will be strictly urged as a patriotic effort to use at least 20% in substitutes. He may also sell such portion of his surplus wheat left, after his requirements are cared for as above, to any miller, or to his neighbor, or to any one else. The miller, or person to whom the farmer sells must in every instance strictly comply with the 80-20 rule as regards substitutes unless wheat so purchased is ground and used in conformity with regulations hereinafter prescribed.

Vermont-Grown-Wheat may be disposed of in one of the following ways:—

1. It may be taken to the mill and ground into entire wheat flour for use without substitutes.

2. Where mills are equipped to do so Vermont-Grown-Wheat may be ground into Victory Mixed Flour, which must contain at least 20% of some one of the substitutes now required. The miller under this method must observe the same rules as referred to in number 3.

3. Vermont-Grown-Wheat may be ground by the miller on old stone or roller process into wheat flour, the miller charging not to exceed 35c per bushel for each 60 pounds of cleared wheat. On such basis the miller must return flour and hard or soft wheat feed as per schedule in Rule M. S. 20.

4. It may be gathered at some central point through the agency of any miller, county agents, farm bureaus, for shipment in carlots to the Food Administration Grain Corporation's Agent, J. E. Southworth, Chamber of Commerce, Boston. The price delivered at Boston on the "basic" wheat, such as No. 1 Red Winter, is \$2.39½, less 1% administration fee to the Grain Corporation. Wheat so offered must be graded by the Grain Inspectors, and the price would be related to that of "basic" wheat according to the grading. The Vermont mills will doubtless pay a price equal to what could be obtained by marketing to the Grain Corporation or higher.

There may be some difficulties in finding a Vermont market for all the Vermont-Grown-Wheat. The farmers have been encouraged to grow wheat with the idea of helping Vermont to meet its own food requirements, to save transportation, and to help provide mill feed for stock and dairy use at a time when Vermont needs every ounce of the bran and cake feed stuffs to come from Vermont-Grown-Wheat. If it is used by Vermonters, instead of shipped out in carlots only to be replaced by other carlots of wheat and feed stuffs being shipped in from outside, Vermont and its loyal farmers will be greatly benefited.

The farmers have responded splendidly with a patriotism that has increased the wheat acreage to over 15,000 acres this year. It is estimated that we have raised from 300 to 400 thousand bushels of wheat this year.

Now, will Vermonters as a whole be as patriotic as the farmers have been? Will they see that Vermont reaps the full benefit of this splendid crop of wheat? Vermonters have never failed yet on any patriotic move in this war period. I believe they are going to stand by the farmers and the war this time, too.

If Vermonters do their part, it may be that in a year or so the farmers will raise enough wheat to supply the wheat needs of Vermont. This is not realized very shortly if Vermonters will stand by a Vermont grown product.

The millers are patriotically doing their part. Many mills for grinding wheat are being installed in Vermont. We will soon have a chance to taste real bread from wheat sweetened by the sun, the wind, and the air, that only Vermont's hills and valleys are blessed with.

It is proposed to inaugurate a campaign at once that will urge the farmers, the miller, the dealer, the householder, the public schools, the press, the churches, and fraternal organizations and every factor that can and will influence everybody to be proud to purchase the product that comes from Vermont-Grown-Wheat.

Watch the progress of this campaign. Witness Vermont's hills and dales, Vermont's millers and farmers providing a way whereby Vermont will save immensely by feeding itself. Give emphasis to the slogan—"Buy Vermont-Grown-Wheat-Flour."

A Rat's One Meal.

A rat will pass up all other food for RAT-SNAP. It's his first meal and his last. And then, it chemically mummifies the carcass. Doesn't have to be mixed with other food. Won't blow away, dry up or decay. Surest, quickest, cleanest, safest, to kill rats and mice. Four sizes, 25c., 50c., \$1.00 and \$3.00 adv.

Sold by Fred D. Pierce, Barton. Austin's Pharmacy, Orleans.

Sale of War Savings and Thrift Stamps in Vermont to Sept. 21, 1918

As Reported to the State Distributor of War Savings

REDEEM YOUR WAR SAVINGS PLEDGE!

Towns and Cities Printed in Capitals Have Already Exceeded Their Quota in Maturity Value of Sales.

| WASHINGTON COUNTY. | | | |
|-------------------------|------------|------------|--|
| Total Sales | Population | Per Capita | |
| Barre City \$111,308.05 | 10,734 | \$10.37 | |
| Barre Town 10,716.70 | 4,194 | 2.55 | |
| Berlin 5,735.75 | 1,079 | 5.32 | |
| Cabot 12,010.12 | 1,116 | 10.76 | |
| Calais 7,901.99 | 1,042 | 7.58 | |
| *Duxbury 7,007.00 | 985 | 7.17 | |
| *East Montpelier 452 | | | |
| *Fayston 5,989.93 | 1,011 | 5.92 | |
| Marshfield 7,249.52 | 858 | 8.45 | |
| Middlesex 160,031.35 | 7,356 | 20.37 | |
| Montpelier 6,467.26 | 888 | 7.30 | |
| NORTHFIELD 60,874.83 | 3,228 | 18.87 | |
| Plainfield 9,489.93 | 785 | 12.34 | |
| Roxbury 4,954.78 | 615 | 8.05 | |
| WAITSFIELD 18,568.25 | 709 | 13.14 | |
| Warren 10,751.81 | 825 | 13.03 | |
| Waterbury 60,839.85 | 3,278 | 18.56 | |
| Woodbury 1,378.18 | 824 | 1.66 | |
| Worcester 9,913.94 | 584 | 15.55 | |
| Total \$692,444.71 | 47,702 | \$11.81 | |

| CALEDONIA COUNTY. | | | |
|-------------------------|------------|------------|--|
| Total Sales | Population | Per Capita | |
| Barnet \$16,121.50 | 1,707 | \$9.44 | |
| Burke 17,865.84 | 1,183 | 15.19 | |
| Danville 24,222.04 | 1,564 | 15.49 | |
| GROTON 18,967.89 | 915 | 20.73 | |
| Hardwick 41,831.23 | 3,201 | 13.09 | |
| *Kirk 8,852.58 | 297 | 29.80 | |
| LYNDON 54,805.93 | 3,204 | 17.11 | |
| *Newark 415 | | | |
| Peasach 7,817.41 | 777 | 10.06 | |
| Ryegate 15,349.06 | 1,194 | 12.86 | |
| Sheffield 3,851.13 | 691 | 5.57 | |
| St. Johnsbury 92,634.78 | 8,098 | 11.44 | |
| Stannard 1,211.27 | 208 | 5.82 | |
| Sutton 3,792.00 | 711 | 5.33 | |
| Walden 2,772.63 | 739 | 3.75 | |
| Waterford 4,080.50 | 629 | 6.49 | |
| Wheelock 918.54 | 500 | 1.84 | |
| Total \$305,995.83 | 26,651 | \$11.76 | |

| WINDSOR COUNTY. | | | |
|-----------------------|------------|------------|--|
| Total Sales | Population | Per Capita | |
| Andover \$775.86 | 254 | \$2.73 | |
| *Baltimore 54 | | | |
| Barnard 5,262.44 | 787 | 7.14 | |
| Bethel 26,861.06 | 1,948 | 13.82 | |
| Bridgewater 11,537.15 | 874 | 13.20 | |
| CAVENDISH 39,400.57 | 2,840 | 13.86 | |
| Champlain 18,478.42 | 1,784 | 10.35 | |
| Hartford 84,495.10 | 4,319 | 19.56 | |
| Hartland 8,499.84 | 1,814 | 4.66 | |
| Ludlow 88,960.15 | 2,215 | 13.33 | |
| Norwich 8,469.32 | 1,252 | 7.77 | |
| Plymouth 1,927.16 | 482 | 4.00 | |
| Pomfret 8,876.01 | 608 | 14.59 | |
| Reading 8,407.01 | 530 | 15.86 | |
| Rochester 18,248.49 | 1,517 | 10.06 | |
| Royalton 19,024.25 | 1,482 | 12.83 | |
| Sharon 6,079.86 | 785 | 7.73 | |
| Springfield 67,696.20 | 4,784 | 14.15 | |
| Storbridge 1,899.02 | 787 | 2.55 | |
| Westfield 6,191.57 | 1,092 | 5.65 | |
| Weston 8,604.69 | 632 | 13.62 | |
| West Windsor 3,199.79 | 569 | 5.62 | |
| Windsor 30,950.71 | 2,407 | 12.86 | |
| Woodstock 40,194.55 | 2,545 | 15.79 | |
| Total \$382,983.12 | 33,681 | \$11.37 | |

| RUTLAND COUNTY. | | | |
|----------------------------|------------|------------|--|
| Total Sales | Population | Per Capita | |
| Benson \$5,165.09 | 817 | \$7.56 | |
| Brattleboro 29,691.74 | 2,712 | 10.95 | |
| Castleton 11,617.75 | 1,885 | 6.16 | |
| Chittenden 2,698.19 | 568 | 4.62 | |
| Clarendon 6,195.97 | 857 | 7.23 | |
| Danby 9,638.13 | 1,001 | 9.52 | |
| Fairhaven 30,718.78 | 3,095 | 9.98 | |
| Hubbardton 6,939.91 | 425 | 14.11 | |
| *H. H. 869.84 | | | |
| *Mendon 16.72 | 821 | 0.02 | |
| Middleton Springs 8,407.00 | 716 | 11.87 | |
| Mt. Holly 7,675.76 | 871 | 8.81 | |
| *Mt. Tabor 167.20 | 289 | 0.58 | |
| Fawcett 27,232.01 | 1,253 | 12.97 | |
| Pittsfield 980.31 | 402 | 2.43 | |
| Pittsford 19,066.32 | 1,779 | 10.72 | |
| Poulinville 40,468.22 | 3,444 | 11.75 | |
| Proctor 40,902.72 | 2,871 | 14.21 | |
| Rutland City 105,951.69 | 18,540 | 14.47 | |
| Rutland Town 4,697.33 | 1,811 | 2.60 | |
| Sherburne 1,893.87 | 409 | 4.63 | |
| Shrewsbury 9,688.20 | 751 | 12.89 | |
| Shutbury 1,908.78 | 416 | 4.58 | |
| *Tipton 2,874.11 | 410 | 7.01 | |
| Wallingford 22,777.51 | 1,719 | 13.25 | |
| Wells 5,286.85 | 569 | 9.29 | |
| West Haven 1,165.00 | 863 | 1.35 | |
| West Rutland 17,701.26 | 842 | 21.17 | |
| Total \$614,190.54 | 48,189 | \$12.68 | |

| FRANKLIN COUNTY. | | | |
|----------------------------|------------|------------|--|
| Total Sales | Population | Per Capita | |
| Bakersfield 810,270.80 | 1,079 | \$9.53 | |
| Borishire 12,085.14 | 1,380 | 8.80 | |
| Brookfield 60,696.70 | 9,212 | 16.87 | |
| Enochburg 9,898.38 | 1,818 | 5.44 | |
| Fairfax 18,438.74 | 1,778 | 10.38 | |
| Fieldville 2,840.08 | 707 | 4.01 | |
| Franklin 16,881.57 | 1,108 | 14.97 | |
| Georgia 780.00 | 1,090 | 0.72 | |
| Highgate 8,578.80 | 1,788 | 4.80 | |
| Montgomery 17,878.00 | 1,781 | 10.06 | |
| Richford 20,818.54 | 2,907 | 9.74 | |
| Sheldon 14,948.58 | 1,240 | 11.99 | |
| ST. ALBANS CITY 123,748.00 | 6,381 | 19.34 | |
| St. Albans Town 1,987.00 | 1,017 | 1.95 | |
| Swanton 10,471.05 | 838 | 12.40 | |
| Total \$980,500.84 | 29,868 | \$10.93 | |

| ORANGE COUNTY. | | | |
|------------------------|------------|------------|--|
| Total Sales | Population | Per Capita | |
| Bradford \$10,848.41 | 1,872 | \$13.28 | |
| Brookline 8,178.40 | 700 | 4.17 | |
| Brookfield 4,477.89 | 1,008 | 4.44 | |
| CHILSEA 30,903.14 | 1,074 | 18.02 | |
| Cornish 8,191.82 | 918 | 8.16 | |
| FAIRLEE 9,705.26 | 439 | 22.33 | |
| Newbury 17,430.37 | 2,035 | 8.56 | |
| Orange 1,639.51 | 444 | 3.69 | |
| Randolph 47,040.01 | 8,191 | 14.94 | |
| Stratford 11,400.94 | 770 | 14.70 | |
| Theford 6,853.79 | 1,183 | 4.58 | |
| Tunbridge 7,858.33 | 918 | 8.56 | |
| Tunbridge 218,038.34 | 11,111 | 19.65 | |
| Verabire 8,575.82 | 448 | 19.15 | |
| Washington 7,186.79 | 768 | 9.43 | |
| West Fairlee 8,609.90 | 440 | 8.30 | |
| Williamstown 19,144.99 | 1,798 | 7.82 | |
| Total \$189,764.05 | 18,768 | \$10.15 | |

| BENNINGTON COUNTY. | | | |
|-----------------------|------------|------------|--|
| Total Sales | Population | Per Capita | |
| Arlington \$19,911.16 | 1,307 | \$15.27 | |
| Bennington 30,713.91 | 8,498 | 19.43 | |
| Dorset 12,929.29 | 1,472 | 9.46 | |
| *Glastenbury 130.17 | 29 | 4.50 | |
| *Lamont 28,615.64 | 2,044 | 14.01 | |
| Manchester 3,661.63 | 242 | 14.88 | |
| Peru 5,233.84 | 1,599 | 3.27 | |
| Powall 18,969.55 | 1,252 | 15.15 | |
| Readsboro 5,542.92 | 825 | 10.36 | |
| Rupert 40.44 | 142 | 0.28 | |
| *Sandgate 9,231.12 | 1,650 | 5.59 | |
| Shaftsbury 2,108.54 | 510 | 4.13 | |
| *Stamford 3,099.67 | 494 | 6.27 | |
| *Sunderland 3,097.28 | 366 | 8.33 | |
| Winhall 5,647.73 | 187 | 3.02 | |
| *Wardford 3,097.28 | 366 | 8.33 | |
| Total \$212,809.21 | 21,878 | \$9.99 | |

| LAMOLLE COUNTY. | | | |
|---------------------|------------|------------|--|
| Total Sales | Population | Per Capita | |
| Belvidere \$754.21 | 429 | \$1.76 | |
| Cambridge 18,743.90 | 1,696 | 11.05 | |
| Eden 4,569.10 | 751 | 6.08 | |
| Elmore 62.88 | 558 | 0.11 | |
| Hyde Park 14,897.99 | 1,458 | 10.25 | |
| Johnson 21,490.93 | 1,526 | 14.08 | |
| Monkton 24,857.42 | 2,652 | 9.37 | |
| Stowe 23,184.74 | 1,991 | 11.64 | |
| Waterbury 5,605.84 | 485 | 11.56 | |
| Wolcott 4,282.26 | 1,049 | 4.08 | |
| Total \$118,439.18 | 12,585 | \$9.41 | |

| ADDISON COUNTY. | | | |
|-----------------|----------------|-----------------|---------------|
| | Total Sales | Popu- lation | Per Capita |
| Addison | \$1,158.84 | 796 | \$1.46 |
| Bridport | 11,582.09 | 848 | 13.67 |
| Bristol | \$1,503.01 | 2,005 | 15.71 |
| Cornwall | 218.97 | 789 | .40 |
| Ferrisburg | 4,162.51 | 1,423 | 2.90 |
| Goshen | | 212 | |